



Aly Harrold is an award winning public speaking coach and professional speaker working with women who feel the need to find their voice, be heard and be more visible whether within a corporate setting or as an entrepreneurial business woman. She is the creator of a successful coaching programme taking the nervous and anxious speaker to a place of vocal confidence and empowerment.

With a background in vocal stage performance, Aly spent many years as a professional singer, working in theatres and venues both in the UK and internationally, and recording for CBS records. Her work led her into the publishing field where she specialised in Mind

Body Spirit publishing and was a founder and director of Diviniti Publishing Ltd for 16 years before setting up her own professional speaking coaching business. It is from this background and her personal knowledge that she helps her clients understand and work with the amazing instrument - the human voice. Aly considers it to be a gift to work with someone who did not even believe it was possible for them to stand up and be heard and taken seriously for what they have to say. They come to understand and realise that being an excellent speaker elevates them above their competition and in the eyes of their peers and associates. So often nerves and anxiety around speaking will prevent someone from moving forward in their career and going after a promotion.

Aly's approach is unique, aiming to connect the speaker to the power within their own voice. This is their own innate vocal power, unique to each individual and is what sets us apart as speakers. The voice is like our fingerprints exclusive to us and individual in every way. This work is done through vocal exercises to build resonance, depth and quality of voice as well as energetic and physical presence.

Aly's clients range from nervous beginners right through to more established speakers who wish to be more effective or have a desire to iron out an aspect of their performance to ensure improved impact. These people can be in a leadership role working for a company or an individual who wishes to step up to deliver a Ted Talk or speak from a platform.

In today's business world we are often required to deliver communication via digital platforms and it is crucial to have enough presence and connection in the voice so that the speaker cuts across in a dynamic and engaging way.

Areas of expertise: Public Speaking – Voice work – Storytelling – Speech writing – Networking – Delivering your network pitch.

Some references: Bird On A Bike – Glorious Wellness – Prince Personnel Ltd Samsung UK – Quorum 15 — Rebecca Hirst

www.alyharrold.co.uk